

# serco FOUNDATION

The Serco Foundation is a charitable trust, working internationally, to enhance public service outcomes for vulnerable citizens.



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## POLICE CITIZENS YOUTH CLUBS

PCYC empowers young people through police and community partnerships. Working across New South Wales, Australia, the charity runs a variety of programmes – sporting, recreational, cultural, educational – to help young people in need, support their wellbeing and development, and engage them in their communities. PCYC NSW aims to provide a safe, fun and friendly environment for young people to thrive, develop, and enjoy life.

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### WHAT WE DID

Our grant enabled young people from Clarence Valley to participate in PCYC's *Fit for Life* and *Fit for Work* programmes.

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### IMPACT

The success of PCYC's transformational work is reflected in lower truancy and crime rates. The charity enables more young people to become active, contributing citizens.

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### SPOTLIGHT



15-year-old Hanna (not her real name) participated in the PCYC *Fit for Work* programme, graduating with a Certificate 1 in Retail as well as Work, Health & Safety and First Aid certificates. Her school suggested she participate in the *Fit for Work* program as she was experiencing distress and anxiety, and struggling to learn.

Hanna enjoyed the *Fit for Work* program and had a very high attendance rate. She got on with the small group of other students and valued the support of the Youth Worker who was part of the *Fit for Work* team, saying she was "there for you". Hanna notes her improved confidence and increased preparation for "what's to come". Hanna is still connected to PCYC and is also back at school full-time; she says she wants to go onto university – perhaps to study Social Work or Policing. She also has a part-time job in hospitality, which allows her to practice her communication and organisational skills; she wants to start saving soon and put her budgeting skills into practice to save for a new phone and a car. Recently Hanna gave a speech, which she didn't think she would ever be able to do, and it has really helped with her anxiety and her confidence.

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